Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services
 Coverage Period: 07/01/2023 - 06/30/2024

 University Physicians & Surgeons, Inc. dba Marshall Health: SuperBlue Plus 2010
 Coverage for: Individual/Family
 Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, <u>https://intranet.marshallhealth.org/</u> or call Amber Gough 304-691-1646 or Missy Staten 304-691-6741. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.HealthCare.gov/sbc-glossary/</u> or call 1-888-809-9121 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	<ul> <li>\$300 individual/\$600 family enhanced value <u>network</u>.</li> <li>\$1,000 individual/\$2,000 family standard value <u>network</u>.</li> <li>\$1,500 individual/\$3,000 family out-of-<u>network</u>.</li> <li>All in-<u>network</u> services are credited to both the enhanced and the standard deductibles.</li> </ul>	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. Office visits, <u>preventive care</u> <u>services</u> , <u>emergency medical</u> <u>transportation</u> , <u>urgent care</u> , and <u>prescription drug</u> benefits are covered before you meet your <u>network deductible</u> . <u>Copayments</u> and <u>coinsurance</u> amounts don't count toward the <u>network deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	Yes. \$50 individual/\$100 family for standard value <u>network prescription drug</u> <u>coverage</u> . There are no other specific <u>deductibles</u> .	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.

What is the <u>out-of-pocket limit</u> for this <u>plan</u> ? What is not included in the <u>out-of-pocket limit</u> ?	<ul> <li>\$2,500 individual/\$5,000 family enhanced value <u>network</u>.</li> <li>\$3,000 individual/\$6,000 family standard value <u>network</u>.</li> <li>All services are credited to the enhanced, the standard, and the out-of-<u>network out-of-pocket limits</u>.</li> <li>Up to a \$4,500 individual/\$9,000 family <u>network</u>, combined enhanced and standard value total family total maximum out-of-pocket.</li> <li>\$5,000 individual/\$10,000 family out-of-network.</li> <li><u>Network</u>: <u>Premiums</u>, balance-billed charges, and health care this <u>plan</u> doesn't cover do not apply to your total maximum out-of-pocket.</li> <li>Out-of-network: <u>Copayments</u>, <u>deductibles</u>, <u>premiums</u>, balance-billed charges, and health care this <u>plan</u> doesn't care this <u>plan</u> doesn't cover.</li> </ul>	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>www.highmarkbcbswv.com</u> or call 1-888-809-9121 for a list of <u>network</u> <u>providers</u> .	You pay the least if you use a <u>provider</u> in Enhanced <u>Network</u> . You pay more if you use a <u>provider</u> in Standard <u>Network</u> . You will pay the most if you use an <u>out-of- network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All **<u>copayment</u>** and <u>**coinsurance**</u> costs shown in this chart are after your overall <u>**deductible**</u> has been met, if a <u>**deductible**</u> applies.

			What You Will Pay		
Common Medical Event	Services You May Need	Enhanced <u>Network</u> <u>Provider</u> (You will pay the least)	Standard <u>Network</u> <u>Provider</u>	<u>Out-of-Network</u> <u>Provider</u> (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness <u>Specialist</u> visit <u>Preventive</u> <u>care/screening/immunizati</u>	No charge <u>Deductible</u> does not apply. \$20 <u>copay</u> /visit <u>Deductible</u> does not apply. No charge <u>Deductible</u> does not	\$30 <u>copay</u> /visit <u>Deductible</u> does not apply. \$50 <u>copay</u> /visit <u>Deductible</u> does not apply. No charge <u>Deductible</u> does not	40% coinsurance         40% coinsurance         40% coinsurance         40% coinsurance	You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services needed are <u>preventive</u> . Then check what your <u>plan</u> will pay for. Please refer to your <u>preventive</u> schedule for additional information.
If you have a test	on <u>Diagnostic test</u> (x-ray, blood work) Imaging (CT/PET scans, MRIs)	Apply. No charge	20% <u>coinsurance</u> 20% <u>coinsurance</u>	40% <u>coinsurance</u> 40% <u>coinsurance</u>	Precertification may be required. Precertification may be required.
If you need drugs to treat your illness or condition More information about	Generic drugs	No charge (retail) \$12 <u>copay</u> /prescription (mail order) <u>Deductible</u> does not apply.	\$5/\$12 <u>copay</u> /prescription (retail) \$12 <u>copay</u> /prescription (mail order) <u>Deductible</u> does not apply.	Not covered	Up to 34/90-day supply retail pharmacy. Up to 90-day supply maintenance <u>prescription drugs</u> through mail order. This <u>plan</u> uses a Comprehensive
prescription drug coverage is available at www.highmarkbcb swv.com.	Formulary Brand drugs	\$20/\$50 <u>copay</u> /prescription (retail) \$50 <u>copay</u> /prescription (mail order) <u>Deductible</u> does not apply.	\$20/\$50 <u>copay</u> /prescription (retail) \$50 <u>copay</u> /prescription (mail order) <u>Deductible</u> does not apply.	Not covered	<u>Formulary</u> .
	Non- <u>Formulary</u> Brand drugs	25% <u>coinsurance</u> (retail) 25% <u>coinsurance</u> (mail order) <u>Deductible</u> does not apply.	25% <u>coinsurance</u> (retail) 25% <u>coinsurance</u> (mail order) <u>Deductible</u> does not apply.	Not covered	

			What You Will Pay		
Common Medical Event	Services You May Need	Enhanced <u>Network</u> <u>Provider</u> (You will pay the least)	Standard <u>Network</u> <u>Provider</u>	<u>Out-of-Network</u> <u>Provider</u> (You will pay the most)	Limitations, Exceptions, & Other Important Information
	<u>Specialty drugs</u>	<ul> <li>35% <u>coinsurance</u>,</li> <li>\$200 maximum per prescription (retail)</li> <li>35% <u>coinsurance</u>,</li> <li>\$200 maximum per prescription (mail order)</li> <li><u>Deductible</u> does not apply.</li> </ul>	<ul> <li>35% <u>coinsurance</u>,</li> <li>\$200 maximum per prescription (retail)</li> <li>35% <u>coinsurance</u>,</li> <li>\$200 maximum per prescription (mail order)</li> <li><u>Deductible</u> does not apply.</li> </ul>	Not covered	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No charge	20% coinsurance	40% coinsurance	Precertification may be required.
	Physician/surgeon fees	10% coinsurance	20% coinsurance	40% coinsurance	Precertification may be required.
If you need immediate medical attention	Emergency room care	20% <u>coinsurance</u> after \$150 <u>copay</u> /visit	20% <u>coinsurance</u> after \$150 <u>copay</u> /visit	20% <u>coinsurance</u> after \$150 <u>copay</u> /visit	All tiers: Subject to enhanced value <u>network deductible</u> . <u>Copay</u> waived if admitted as an inpatient.
	Emergency medical transportation	10% <u>coinsurance</u> <u>Deductible</u> does not apply.	10% <u>coinsurance</u> <u>Deductible</u> does not apply.	10% <u>coinsurance</u> <u>Deductible</u> does not apply.	none
	<u>Urgent care</u>	No charge <u>Deductible</u> does not apply.	\$75 <u>copay</u> /visit <u>Deductible</u> does not apply.	40% coinsurance	none
lf you have a hospital stay	Facility fees (e.g., hospital room)	10% <u>coinsurance</u> after \$100 <u>copay</u> per admission	20% <u>coinsurance</u> after \$100 <u>copay</u> per admission	40% <u>coinsurance</u> after \$100 <u>copay</u> per admission	Precertification may be required.
	Physician/surgeon fees	10% <u>coinsurance</u>	20% <u>coinsurance</u>	40% coinsurance	Precertification may be required.

			What You Will Pay		
Common Medical Event	Services You May Need	Enhanced <u>Network</u> <u>Provider</u> (You will pay the least)	Standard <u>Network</u> <u>Provider</u>	<u>Out-of-Network</u> <u>Provider</u> (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need mental health, behavioral health,	Outpatient services	No charge	20% <u>coinsurance</u>	40% <u>coinsurance</u>	Precertification may be required.
or substance abuse services	Inpatient services	\$100 <u>copay</u> per admission	20% <u>coinsurance</u> after \$100 <u>copay</u> per admission	40% <u>coinsurance</u> after \$100 <u>copay</u> per admission	Precertification may be required.
lf you are pregnant	Office visits Childbirth/delivery professional services	No charge No charge	20% <u>coinsurance</u> 20% <u>coinsurance</u>	40% <u>coinsurance</u> 40% <u>coinsurance</u>	<u>Cost sharing</u> does not apply for <u>preventive services</u> . Depending on the type of services,
	Childbirth/delivery facility services	\$100 <u>copay</u> per admission	20% <u>coinsurance</u> after \$100 <u>copay</u> per admission	40% <u>coinsurance</u> after \$100 <u>copay</u> per admission	a <u>copayment</u> , <u>coinsurance</u> , or <u>deductible</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.) <u>Network</u> : The first visit to determine
					pregnancy is covered at no charge. Please refer to the Women's Health <u>Preventive</u> Schedule for additional information. Precertification may be required.

			What You Will Pay		
Common Medical Event	Services You May Need	Enhanced <u>Network</u> <u>Provider</u> (You will pay the least)	Standard <u>Network</u> <u>Provider</u>	<u>Out-of-Network</u> <u>Provider</u> (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need help recovering or have other special health	Home health care	20% <u>coinsurance</u>	20% <u>coinsurance</u>	40% <u>coinsurance</u>	Combined <u>network</u> and out-of- <u>network</u> : 100 visits per benefit period. Precertification may be required.
needs	Rehabilitation services	20% <u>coinsurance</u> (professional services) 20% <u>coinsurance</u> for physical and occupational therapy 20% <u>coinsurance</u> after \$100 <u>copay</u> /visit for speech therapy (facility services)	20% <u>coinsurance</u> (professional services) 20% <u>coinsurance</u> for physical and occupational therapy 20% <u>coinsurance</u> after \$100 <u>copay</u> /visit for speech therapy (facility services)	40% <u>coinsurance</u> (professional services) 40% <u>coinsurance</u> after \$100 <u>copay</u> /visit (facility services)	Combined <u>network</u> and out-of- <u>network</u> : 30 physical medicine visits and 30 occupational therapy visits per benefit period. Combined <u>network</u> and out-of- <u>network</u> : habilitation and <u>rehabilitation services</u> .
	Habilitation services	20% <u>coinsurance</u> (professional services) 20% <u>coinsurance</u> for physical and occupational therapy 20% <u>coinsurance</u> after \$100 <u>copay</u> /visit for speech therapy (facility services)	20% <u>coinsurance</u> (professional services) 20% <u>coinsurance</u> for physical and occupational therapy 20% <u>coinsurance</u> after \$100 <u>copay</u> /visit for speech therapy (facility services)	40% <u>coinsurance</u> (professional services) 40% <u>coinsurance</u> after \$100 <u>copay</u> /visit (facility services)	Precertification may be required.
	Skilled nursing care Durable medical equipment	20% <u>coinsurance</u> 20% <u>coinsurance</u>	20% <u>coinsurance</u> 20% <u>coinsurance</u>	40% <u>coinsurance</u> 40% <u>coinsurance</u>	Precertification may be required. Precertification may be required.
	Hospice services	No charge	No charge	40% coinsurance	Precertification may be required.
If your child	Children's eye exam	Not covered	Not covered	Not covered	none
needs dental or eye care	Children's glasses Children's dental check- up	Not covered Not covered	Not covered Not covered	Not covered Not covered	none

# **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does NOT Cove	er (Check your policy or <u>plan</u> document for more info	ormation and a list of any other <u>excluded services</u> .)
Acupuncture	Hearing aids	Routine foot care
Cosmetic surgery	Long-term care	Weight loss programs
Dental care (Adult)	<ul> <li>Routine eye care (Adult)</li> </ul>	
	bly to these services. This isn't a complete list. Please	e see your <u>plan</u> document.)
		e see your <u>plan</u> document.) <ul> <li>Private-duty nursing</li> </ul>

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="http://www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>, or the Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or <a href="http://www.cciio.cms.gov">www.cciio.cms.gov</a>. West Virginia Offices of the Insurance Commissioner at 1-888-879-9842. Other options to continue coverage are available to you too, including buying individual insurance coverage through the <a href="http://www.HealthCare.gov">Health Insurance Marketplace</a>. For more information about the <a href="http://www.HealthCare.gov">Marketplace</a>, visit <a href="http://www.HealthCare.gov">http://www.HealthCare.gov</a> or call 1-800-318-2596.

Your <u>Grievance</u> and <u>Appeals</u> Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim appeal</u> or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

- Your <u>plan</u> administrator/employer.
- The Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

## Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

# Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

————To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.————

### About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

<b>Peg is Having a Baby</b> (9 months of in- <u>network</u> pre-natal care and a hospital delivery)		
The <u>plan's</u> overall <u>deductible</u>	\$300	
Specialist copayment	\$20	
Hospital (facility) <u>coinsurance</u>	10%	
Other coinsurance	0%	

# This EXAMPLE event includes services like:

<u>Specialist</u> office visits (*prenatal care*) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (*ultrasounds and blood work*) <u>Specialist</u> visit (*anesthesia*)

Total Example Cost	\$12,700

### In this example, Peg would pay:

<u>Cost Sharing</u>		
<u>Deductibles</u>	\$300	
<u>Copayments</u>	\$100	
Coinsurance	\$800	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$1,260	

## Managing Joe's type 2 Diabetes (a year of routine in-<u>network</u> care of a wellcontrolled condition)

The <u>plan's</u> overall <u>deductible</u>	\$300
Specialist copayment	\$20
Hospital (facility) <u>coinsurance</u>	10%
Other coinsurance	0%

### This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*) <u>Diagnostic tests</u> (*blood work*) <u>Prescription drugs</u> <u>Durable medical equipment</u> (*glucose meter*)

# Total Example Cost\$5,600

#### In this example, Joe would pay:

Cost Sharing		
<u>Deductibles</u>	\$300	
<u>Copayments</u>	\$300	
<u>Coinsurance</u>	\$100	
What isn't covered		
Limits or exclusions	\$20	
The total Joe would pay is \$72		

# **Mia's Simple Fracture**

(in-<u>network</u> emergency room visit and follow up care)

The <u>plan's</u> overall <u>deductible</u>	\$300
Specialist copayment	\$20
Hospital (facility) <u>coinsurance</u>	10%
Other coinsurance	0%

# This EXAMPLE event includes services like:

Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)

Total Example Cost	\$2,800

#### In this example, Mia would pay:

Cost Sharing		
Deductibles	\$300	
<u>Copayments</u>	\$100	
<u>Coinsurance</u>	\$300	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$700	

Note: These numbers assume the patient does not participate in the <u>plan's</u> wellness program. If you participate in the <u>plan's</u> wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact: <u>www.highmarkbcbswv.com</u>.

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.

Insurance or benefit administration may be provided by Highmark Blue Cross Blue Shield West Virginia which is an independent licensee of the Blue Cross and Blue Shield Association. Health care <u>plans</u> are subject to terms of the benefit agreement.

To find more information about Highmark's benefits and operating procedures, such as accessing the drug <u>formulary</u> or using <u>network providers</u>, please go to DiscoverHighmark.com; or for a paper copy, call 1-855-873-4110.

#### Discrimination is Against the Law

The Claims Administrator/Insurer complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. The Claims Administrator/ Insurer does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex. The Claims Administrator/Insurer:

• Provides free aids and services to people with disabilities to communicate effectively with us, such as:

- Qualified sign language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
- Qualified interpreters
- Information written in other languages

If you need these services, contact the Civil Rights Coordinator.

If you believe that the Claims Administrator/Insurer has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: Civil Rights Coordinator, P.O. Box 22492, Pittsburgh, PA 15222, Phone: 1-866-286-8295, TTY: 711, Fax: 412-544-2475, email: CivilRightsCoordinator@highmarkhealth.org. You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, the Civil Rights Coordinator is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html. If you speak English, language assistance services, free of charge, are available to you. Call 1-877-959-2562.

Si usted habla español, servicios de asistencia lingüística, de forma gratuita, están disponibles para usted. Llame al 1-877-959-2562.

如果您说中文,可向您提供免费语言协助服务。請致電 1-877-959-2562.

Nếu quý vị nói tiếng Việt, chúng tôi cung cấp dịch vụ hỗ trợ ngôn ngữ miễn phí cho quý vị. Xin gọi số 1-877-959-2562.

한국어를 사용하시는 분들을 위해 무료 통역이 제공됩니다. 1-877-959-2562 로 전화.

Kung nagsasalita ka ng Tagalog, may makukuha kang mga libreng serbisyong tulong sa wika. Tumawag sa 1-877-959-2562.

Если вы говорите по-русски, вы можете воспользоваться бесплатными услугами языковой поддержки. Звоните 1-877-959-2562.

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إذا كنت تتحدث اللغة العربية، فهناك خدمات المعاونة في اللغة المجانية متاحة لك. اتصل على الرقم 2562-959-1-1.

Si se Kreyòl Ayisyen ou pale, gen sèvis entèprèt, gratis-ticheri, ki la pou ede w. Rele nan 1-877-959-2562.

Si vous parlez français, les services d'assistance linguistique, gratuitement, sont à votre disposition. Appelez au 1-877-959-2562.

Dla osób mówiących po polsku dostępna jest bezpłatna pomoc językowa. Zadzwoń 1-877-959-2562.

Se a sua língua é o português, temos atendimento gratuito para você no seu idioma. Ligue para 1-877-959-2562.

Se parla italiano, per lei sono disponibili servizi di assistenza linguistica a titolo gratuito. Chiamare l'1-877-959-2562.

Wenn Sie Deutsch sprechen, steht Ihnen unsere fremdsprachliche Unterstützung kostenlos zur Verfügung. Rufen Sie 1-877-959-2562.

日本語が母国語の方は言語アシスタンス・ サービスを無料でご利用いただけます。 1-877-959-2562 を呼び出します。

اگر شما به زبان فارسی صحبت می کنید، خدمات کمک زبان رایگان با تماس با شماره 2562-959-1-877 .

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